

Dermal Fillers

Fillers reflate areas of volume loss. Hyaluronic acid (HA) fillers are my treatment of choice as a spectrum of products is available based on lifting versus integration needs at different areas.

Indications: Volume loss at face, including temples, mid and lateral cheeks, jawline and chin, lips

What to expect: The skin is cleansed and prepared. Filler injections are performed either via needles or cannulas depending on the sites. Discomfort is usually minimal and can be reduced with numbing creams or skin vibration. Rare but serious risks include skin ulceration, and blindness

Post-care Immediately afterwards there may be swelling for 1-2 days due to increased water adsorption to HA. Ice packs and pressure will reduce risk of bruising. For pain and tenderness at injection sites, you can take nonsteroidal anti-inflammatories (ie. Advil or Motrin) if bothersome. Avoid Aspirin as it increases risk of bruising. If bruising develops and is bothersome, please contact us within the first 24-48 hours, as

we have a special laser that will reduce dark bruises.

You may feel some lumps or bumps. Depending on the sites of treatment, these may be normal to correct areas of volume loss. If persistent or bothersome, let us know as we can dissolve them.

How to maximize the effect of fillers?

- Using fillers with neuromodulator (eg Botox™, Xeomin™, Nuceiva™) can help increase longevity of fillers
- H.A. Intensifier™ serum from SkinCeuticals can also be helpful (see our display)
- If fillers were used at your cheeks, sleeping on a special pillow may reduce cheek compression. See www.envypillow.com

Maintenance

Hyaluronic acid is progressively degraded by enzymes in our skin. Periodic maintenance every ~6-12 months can help maintain your improvement. Duration depends on sites of treatment and frequency and intensity of movement.

We often find that maintenance volumes are less than those required for initial therapy.

Costs*: are based on area treated, not on syringes used. The additional value is due to expertise, knowledge and time.

- Upper face/temples: Starting at \$1500
- Mid face: Starting at \$1500
- Lateral face: Starting at \$1500
- Chin and jawline: Starting at \$1500
- Lips starting at \$800

We invite you to have a consultation to develop a personalized treatment plan with Dr. Tan

Prices do not include HST

*Deposit is required when booking a treatment

For more information: www.healthyimage.ca



Healthy Image Center



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